

# Chakra Tools and Gemstones



**ERIKA KNERR, Chakra Tools,** 2017. Raw canvas, rope, colored ink, salt, stones, circular plastic tanks and wooden rings mounted to wall. This was the original installation for the soft opening of the 1440 campus. This Installation showed the dyeing process of the 7 canvas and rope chakra tools.

Knerr was selected to create a work that the visitor first encounters when entering the Outlook building. Her simple and poignant site-specific installation first utilized colored water as a metaphor for sharing. Understanding that 1440 Multiversity is about the act of giving and then passing these lessons forward, Knerr has created an installation that visually illustrates sharing by creating seven Chakra Tools from raw canvas and other organic materials.

By inserting these tools in the individual water receptacles a transference of the energy from the colored reservoirs absorbed up the tools altering their color. The color and the tool height relate to the bodies seven Chakras. A set of tools have been dried and removed and placed back into the containers with gemstones that relate to and energize each Chakra. New Chakra tools will be dyed and placed into the gemstones each spring over the next few years so this artwork may continue to transmit an exchange with the viewer in an act of sharing and giving.

Giving and receiving are activated by placing colored gemstones in each tank representing an energetic center of the body. The stones (from right to left) placed in the tanks are Clear Quartz in the violet, crown chakra tank; Amethyst in the indigo, third eye chakra tank; Amazonite in the blue, throat chakra tank; Green Quartz in the green, heart chakra tank, Yellow Quartz and Tiger Eye in the yellow, power, solar plexus tank; Carnelian and Orange Citrite in the orange, creative, sacral chakra tank and Red Jasper in the red, root chakra tank. The piece is meant to be read both from left to right and right to left in it's diagonal. In Shamanic healing the chakras are cleared by spining them with an open hand not touching the body. The canvas tools are meant to interact with through contemplation of a particular color or part of the energetic body, whether it be the "lower" root, creativity or power centers, the "upper" throat, third eye and crown, or the heart which binds our roots and wings. The heart is the center of our energetic body.

## **Giving and receiving**



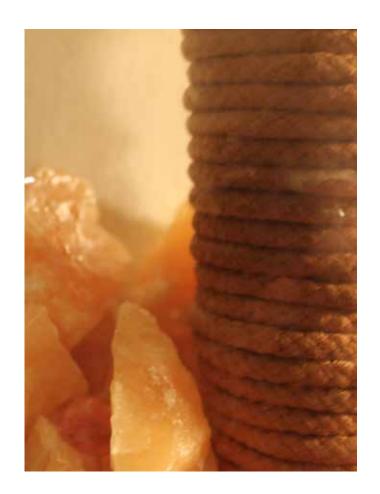






This is the 1st red root Chakra Tool with Red Jasper tumbled gemstones.

















The 2nd Chakra/Sacral Chakra is Orange - Creativity, emotional body, sex. For Orange I used the gemstones Orange Citrite and Carnelian.

The 3rd Yellow Solar Plexus Chakra = Power. Small tumbled gold quartz at the bottom, tumbled blond tiger eye and rough yellow quartz.















The 4th Heart Chakra = Love. Connection between lower and upper chakras; Heaven and Earth. This is small tumbled moss agate and rough green quartz

 $The \ 5 th \ Throat \ Chakra \ is \ Aqua \ Blue \ and \ filled \ with \ Amazonite, both \ rough \ and \ tumbled.$ 















The 6th Chakra is the Third Eye, is Indigo and filled with small tumbled Amethyst and rough shiny Amethyst.

The 7th Chakra is the Crown Chakra and is Violet and filled with Clear Quartz



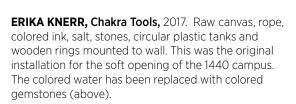
## **Contact Information**

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### Erika Knerr

## **Making of the Chakra Tools**

The auspicious appearance of Beaver's, who are master builder's, are back this year below my studio in Western Massachusetts. A small bag of sand and a few left over beaver chips, is tied, then placed inside at the tip of the Chakra tool. This helps to weight them during the processing phase as well as give them a feeling of substance. They are then bound with cotton clotheline rope. A set includes Seven tools absorbed with ROYGBIV color.







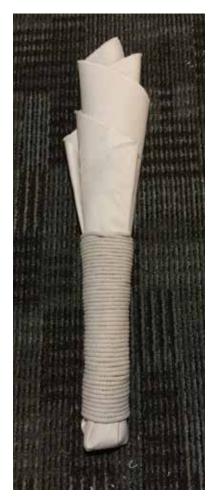




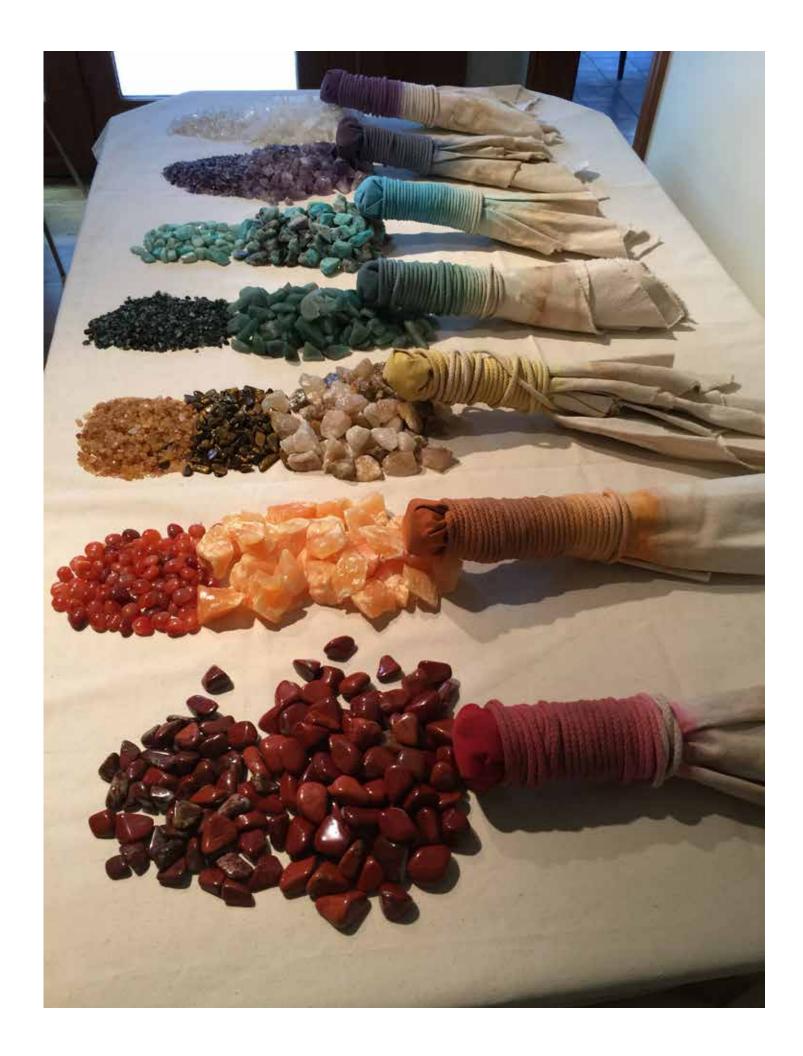


**ERIKA KNERR Chakra Tools,** 2017
Raw canvas, rope, colored ink, salt, stones, plastic tanks and wooden rings mounted to wall.









#### **ERIKA KNERR**

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#### **Short Bio:**

Erika Knerr is an artist, arts organizer, editorial designer, publisher, writer and entrepreneur. Her paintings, performance, installations and action works have been included in one and two person, group exhibitions and festivals internationally, including a recent permanent installation at 1440 Multivercity, Scotts Valley, CA in 2017, REACH, 2013, Live Action New York, 2010 and Mediations Biennale in Poznan, Poland in 2008. She was one of the principal artists with Lance Fung Gallery through 2003 and served as art director of *New Observations* magazine in New York from 1991-2001. She is currently the third publisher of *New Observations*. She was born in Lancaster, PA and received a BFA from Tyler School of Art, in Philadelphia and received her MFA at the School of Visual Arts in New York. She lives and works in Western Massachusetts and New York.

#### Education

- 2011 Masters Workshop: Design History, Theory and Practice in Rome and Venice, SVA Abroad
- 1988 School of Visual Arts. MFA
- 1985 Tyler School of Art. Temple University. BFA
- 1983 Temple Abroad, Tyler School of Art, Rome, Italy.

#### **Solo and Two Person Exhibitions**

- 2016 Erika Knerr and Min Ju Kim. Prak-sis Gallery, Chicago, IL
  - Erika Knerr, "Monoprints." Loo Gallery, Zea Mays Printmaking, Northampton, MA
- 2003 Erika Knerr, "The Mourning After." Lance Fung Gallery, New York, NY
- 2001 Erika Knerr, "The Biological Clock & the Blue Paintings." Old Church Cultural Center, Demarest, NJ
- 2000 Erika Knerr, "Marking Time." Lance Fung Gallery, New York, NY
  - Erika Knerr, "Paintings." Dietz Gallery, New York, NY
- 1998 Erika Knerr, "Absorption." Lance Fung Gallery, New York, NY

#### Selected Group Exhibitions, Performance and Installation

- 2017 Abtract Prints, curated by Bruce Ployer, Northeastern University Gallery, Boston, MA. fall.
  - Permanent Installation, **Chakra Tools**, installed at 1440 Multiversity, Scotts Valley, CA. Outlook building of campus. Curated by Lance Fung, organized by FC Projects.
  - VIBRANT, curated by Claire MaConaughy, Gallery Bergen, Bergen Community College, Paramus, NJ.
  - **D'Vision, A Book Art Show**, curated by John Landino, MAP, Mill Arts Project, Easthampton MA.
- The Tower of Babel, a traveling exhibition. Schema Projects, Brooklyn, NY. Israel and Italy. Organized by Mary Judge and Doron Polak.
  - Altered Books: A Book Art Show, curated by John Landino, MAP, Mill Arts Project, Easthampton MA.
- 2014 Line Art a La Carte, a Participitory Social Art. A collaboration between Artist Organized Art and Eastworks, Easthampton, MA.
- DENNIS-NANCY-EMMETT-SOL: An exhibition in celebration of the 20th anniversary of the Israeli branch of the International Artists' Museum, curated by Suzy Sureck and Doron Polok, Milton J. Weill Art Gallery, 92nd Street Y, New York, NY.
  - REACH: A Multi-city Exhibition of Contempory Practioners. Installation by Erika Knerr, City Hall Annex,
  - **Diamonte Cell**, 2013. An installation through a diamond shaped window of a holding cell in Holyoke City Hall Annex.
- 2012 ECA Gallery. Easthampton MA. **performance/process**, with Maggie Nowinski. (august)
  - The Napkin Art Show. Selections Gallery, Eastworks, Easthampton MA.
- Switch TV, an arts program created by artists in Western Massachusetts and the NYC area. Filmed in Holyoke MA, 11 Episodes, thru 2011-2013.
  - **Book = Object**. Paper City Studios, Fall Exhibition. Holyoke, MA.
- 2010 Live Action New York: Scandinavian and NorthAmerican Performance Art. **Pick Up Sticks**, An Intermedia performance at the Scandinavia House, New York. Curated by Jonas Stampe.
  - **Pick Up Sticks**, An Intermedia performance at Emily Harvey Foundation, New York.
  - Performed by Jessica Higgins, Mary Averill and Erika Knerr. With Video by Denis Luzuriaga. Original Composition by Joshua Selman and Matt Waugh.
- 2009 Wonderland, curated by Lance Fung, Gray Area Foundation for the Arts, Tenderloin District, San Francisco, CA.
- 2008 CamouFLASHed Mediations, MEDIATIONS Biennale in Poznan, Poland.

Camouflash - Disappearing in Art. Dresden, Germany. Organized by the group UNOACTU, in cooperation with the Patio Art Centre Lodz.

- Camouflash, International Artists Meeting. Curated by Mariusz Soltysik. Patio Art Center, Academy of Humanities and 2007 Economics, Lodz, Poland.
- The Peekskill Project, curated by Lance Fung, Peekskill, NY.
- 2004 Cambio Constante V. Arte en Orbita. Curated by Paco Simon. Zaragoza Spain.
- 2002 **Painting is dead, or is it ...,** Lance Fung Gallery, New York.
- 2001 Smell of Fear, group show curated by Koan Jeff Baysa at Lance Fung Gallery, New York, NY.
- 2000 Lost & Found. Presented by the Ridge Street Gallery at The Cutting Room. An Exhibition of Art Inspired by Found Photography. New York, NY.

Mis-Understanding. Begane Grond, Utrecht, Netherlands. Curated by Charlie Citron. Artist-in Residence, Workshop & Exhibition.

**Hunt.** Old Church Cultural Center, Demarest, New Jersey,

- 1998 **A Collection of Actions.** Lance Fung Gallery, New York, NY,
- FIVE. Lance Fung Gallery, New York, NY.
  - Pier Show V. Brooklyn Waterfront Artist Coalition (BWAC), Red Hook Brooklyn, NY.
- **A Memory Palace**. Curated by Charlie Citron. The Artists' Museum, Lodz, Poland.
- Construction in Process V. Co-Existence, An International Multimedia Event On-Site In Mizpeh Ramon, Israel. The Artists' Museum and The Consulate Generale of Israel, NY. Unpainted Painting. Four person. The Lobby Gallery, 31 West 52nd Street, New York, NY.
- 1994 Site-ations, LLE-OLION, Rozany Ogrod. Artists' Project, Cardiff and The Artists' Museum, Lodz, Poland Cardiff, Wales, September.

#### **Bibliography**

Ralph J. Bellantoni, "Permutations of the abstract celebrated," USA Today, February 24, 2017.

New Observations magazine, "Out of The Box," #129, "Invisible Medicine," Guest editor, Joshua Selman, 2015, p. 34. "Block Party," An Event Score published in collaboration with Jessica Higgins and Joshua Selman, for the Wonderland Exhibition, San Francisco CA, 2009

Sklodowska, Marta, "Sztuka, Occurring and Disappearing," Lodz Gazata. Kultura, Poland. October 15, 2007. (photo).

Aquerri, Garza, "Un laboratorio de arte independiente." el Periódico. Spain. May 22, 2004. (photo).

Carvalho, Denise, "Mis-Understanding @ Begane Grond," Flash Art, November/December 2000.

Johnson, Ken, "Marking Time," *The New York Times*, Friday, July 7, 2000.

Selman, Joshua, "Marking Time," NY Arts Magazine, July 2000.

"Absorption; Lance Fung Gallery," Zing Magazine, Vol. 2, Winter 1999, pg. 163-64. (photos)

Hamburger, Susan, "Absorption at Lance Fung Gallery", Cover Magazine, Vol. 12, No. 4, 1998, pg. 45.

New Observations magazine, "Fertility," #119, Guest editor: Erika Knerr, Summer/Fall 1998.

New Observations magazine, "Artists on Art," #116, "A-Z: Concise Art History," and "Bound Books." Guest editor, Diane Karp, Fall 1997, p. 33.

New Observations magazine, "The City as Mnemonic Device," Issue #109, "Rome" guest edited by Jim Feast, Kevin Riordan and Nhi Chung, November/december 1995, pp. 18.

Pentecost, Claire, "Four Walls Ten Years," *Documents*, Vol 2 No. 4/5, Spring 1994, pg.4-10, (photo)

McConaughy, Claire, "Los Angeles Overview," Cover Magazine, November, 1993, Vol.7, No. 8, pg. 14.

Frank, Peter, "Trancesex, Video Pick of the Week," L.A. Weekly, July 16-22, 1993, Vol.15, No. 34, pg. 64.

Dooley Le Cappellaine Magazine, Input/Output, guest edited by Matt Marello, September 1992 issue.

National Poetry Magazine of the Lower East Side, Post New York Issue, Vol. 6, No. 3, Fall 1991, #22, pg. 21.

National Poetry Magazine of the Lower East Side, Film Noir Issue, Vol. 6, No. 2, Spring 1991, #21, Front Cover & pg. 19.

New Observations magazine, Response to War, Issue #82, "Go Go America" & "January 15, 1991," guest edited by

Stephen Paul Miller and Bruce Brand, May 1991, pp. 16-17.

#### **Related Experience**

7/2010-7/2015 9/06-2013	Publisher, New Observations Magazine. 350 West 24th #11B, New York. NY, 10011 Senior Designer, Disney FamilyFun magazine, Northampton, MA Director., Artist Organized Art. 243 5th Avenue, Suite 246, New York, NY Art Director, General Editor. New Observations Magazine. 611 Broadway, #701, New York, NY
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9/00-9/06	Designer. Fortune Magazine. Time & Life Building. Rockefeller Center, New York, NY

1993	TranceseX: A State of mystical Absorption Mondrian Hotel, West Hollywood, California. Video Exhibition through AMO Contemporary Art. Curator (with Amanda M. Obering & Les Ayre).
6/90-8/92	92nd Street Y. 1395 Lexington Avenue, New York City. Painting and Sculpture Instructor. Children's Art Program.
6/89-1/90	CHILDREN'S MUSEUM OF MANHATTAN. 83rd & Broadway, New York City. Collaboration with architect Sam Kornhauser of Schoolworks Inc. on the Early Childhood Education Center in the new CMOM. Responsible for two dimensional design including color, large scale mural and series of panels, researching materials and coordinating assistants.
10/88-6/89	GUGGENHEIM MUSEUM. 1071 Fifth Avenue, New York City. Sculpture Instructor. Learning Through Art, Children's Program.
6/87-9/87	THE LARSON COMPANY ENVIRONMENTS & EXHIBITIONS. 830 Fifth Avenue, New York City. Mural Painter for the Central Park Zoo Renovation. Assisted large murals at entrance and main

#### **Awards**

2012	Creative Capital On Our Radar project advanced to second round in highly competitive Emerging Fields category -
	Projects to watch.
2007	Cream sint Community Development CMDC Design Average Dreadly MV

floor of Aviary. Designed and painted three murals featured on the upper level of the Aviary.

2003 Greenpoint Community Development GMDC Design Award, Brooklyn, NY The Paula Rhodes Memorial Award. School of Visual Art, New York City.

#### **Early Group Exhibitions**

1994	"Group Show." Three person show with K	Kozik & Stuart Nicholson.	. Curated by Jeff Wright	. Janos Gat Gallery, New
	York City.			

1993 10" x 10" x 10." TZ'Art & CO, New York City.

Four Walls Benefit. David Zwirner Gallery, New York City.

"Vortex." Curated by DD Chapin. Four person show with Chris Gallagher, Holly Miller & Edward Shalala.

Re-Mission Gallery, New York City.

"Contacts/Proofs." Curated by Gary Sangster. Jersey City Museum, Jersey City, NJ.

"Sleeping with the Enemy-The Persistence of Dialects." Painting Project III. Four Walls exhibition and panel discussion with Adam Simon, L.C. Armstrong, Gary Bachman, Byron Kim, Fred Tomaselli and Erika Knerr. Brooklyn, NY.

"Group Show." AMO- Amanda Obering Contemporary Art, Los Angeles, California.

"Group Show." Maranushi/Lederman, New York City.

"The Neurotic Art Show II (Return of the Repressed)" Four Walls at Artists Space, 223 West Broadway, New York City.

"Off Broadway." Organized by the artists. Tak Arita, Luca Buvoli, Deborah Garwood, Perry Greaves, Mary Jones, Erika Knerr, David Licht, Jackie McAllister, Michael McAuliffe, Andrew Moore, David Simons, Patricia Thornley, Kei Tsujimura. 17 White Street, New York City (formerly the Alternative Museum).

"Homeless." Organized by the Legal Action Center for the Homeless. Great Hall Gallery, Cooper Union, 8th & Lafayette Sts.. New York City.

"Open Bar". Curated by Kenny Schachter, Flamingo East, 219 Second Avenue, New York City.

"Out Loud- Artists Engulfed Against War." Art in General, 79 Walker Street, New York City.

- "China- June 4, 1989 II." Presented by the Asian American Arts Centre at P.S. 1 Museum, Long Island City, NY.
- "Of Local Origin." Sykes Gallery, Millersville University, Millersville, Pennsylvania.

"China- June 4, 1989 I." Presented by the Asian American Arts Centre at Blum Helman Warehouse, 80 Greene Street.

"Chosen from the Streets of Hoboken." Jefferson Trust Gallery, 313 First St. Hoboken, NJ.

"Real Democracy." Open Exhibition through Four Walls, November 8th Presidential Election, White Columns, 325 Spring Street, New York City.